

# Hills Tennis Association Inc

## JUNIOR Rules of Match and Play

### Season 2009/2010

It is recommended all teams have a copy of these *Rules of Match and Play* available to them

PLEASE REFER TO THESE **RULES OF MATCH AND PLAY** WHENEVER YOU EXPERIENCE A PROBLEM

If problems remain unresolved please contact the [Junior Activities Committee](#) via a written request on the back of the team scoresheet

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## 1. INTRODUCTION

### 1.1 Glossary

Throughout these rules the word “**Association**” shall mean the Hills Tennis Association Inc. The term “**Management Committee**” shall mean the elected Management Committee of the Association.

The term “**Junior Activities Committee**” shall mean the elected Junior Activities Committee of the Association.

The word “**Club**” shall mean any Member Club of the Association.

The word “**Junior**” applies to aspects of the association which have an upper age limit. (For more detail see Rule 2.1).

The term “**Cancellation of Matches**” shall mean any matches officially cancelled by the Committee.

The term “**Abandonment of a Match**” shall mean any match not completed for some reason, but by mutual agreement of both participating Captains and Supervisors.

The term “**One Relative Position per Week**” shall mean one position where the players named are the same as those named for the previous week.

A “**week**” shall mean the time between one programmed Saturday match and the next

### 1.2 Application of these Rules

1.2.1 These rules shall be read in conjunction with the constitution of the Association and shall apply to all junior Association players unless the rule indicates otherwise.

No deviation from these rules shall be permitted by any Club unless prior authorisation has been obtained from the Junior Activities Committee.

1.2.2 All matches shall be conducted under the rules of tennis and the tennis etiquette and rules for non-umpired matches as adopted by Tennis Australia except as otherwise stated herein.

1.2.3 Any changes made to these rules by the Management Committee shall be forwarded to Club Secretaries six weeks prior to the start of the season in which that rule shall apply.

### 1.3 General Penalty Clause:

Violation of any rule contained herein may attract a penalty.

The Management Committee may impose a financial penalty upon any Club, or a premiership point penalty upon any team, for any breach of the rules of match and play. Any such penalty shall be decided by the Junior Activities Committee and may be applied in addition to any specific penalty mentioned elsewhere herein.

## 2 REGISTRATION & RESTRICTION OF PLAYERS

### 2.1 Registration

2.1.1. i. HTA: all players shall be registered on playing their first match. Details required are name, contact telephone number and date of birth to be provided on either:  
a) An Association team nomination form forwarded by the club concerned in accordance with Rule 3.1 or  
b) On the back of the scoresheet of the player’s first match.

ii. Tennis SA “membership”: is payable for all players who play 3 or more times in any one club or HTA organised competition. Submit a cheque payable to Tennis SA.  
Junior membership (18 and under regardless of competition): \$18.50

2.1.2 **Junior Player:** for the purpose of Tennis SA registration a “Junior Player” is defined as being 18 years and under as at 30-09-2009.

The date of birth of all players aged 18 years and under must be provided to indicate eligibility for Junior “membership” and inter-association team selection.

2.1.3 **Junior Age Limit:** Players 17 and under as at 30-09-2009 are eligible to play in the HTA 2009/2010 Junior Saturday morning competition.

**Age and skill** restrictions apply to the Junior Beginner divisions.: This will be the lowest division in each of the boys (Div 13) and girls (Div 10) competitions. Players who are **9&U as at 30/9/09** with no previous match experience are eligible to commence playing Saturday Morning Junior Tennis in this division if they have achieved the skills as per the **Beginners Skills Checklist**.

**Age and experience** restrictions apply to the second lowest division in each of the boys (Div 12) and girls (Div 9) competitions: Players who are **11&U as at 30/9/09** with only one season of match experience are eligible to play in this division

**Penalty: Forfeiture of sets played by the unregistered player**

## 2.2 Restrictions on Players

### A player may:

2.2.1 Play for one club in the junior competition and play for a different club in the senior competition.

2.2.2 Play for one club in the Saturday competition and for another club in the Night, Midweek or Winter Pennant competitions.

2.2.3 In emergencies only, play in both junior 8.30am and 10.30am timeslots.

### A player may not:

2.2.4 Be permitted to play for more than one club in the same competition, nor for 2 teams from the same club in the same division in this Association during a season unless written clearance from the player's former Club and the consent of the Junior Activities Committee has been obtained.

2.2.5 Be permitted to transfer to another Club once that player has played four matches for any Club during the season

**Penalty: Forfeiture of all sets played by the player for both teams or both clubs**

2.2.6 Carry or consume alcohol, or other illicit drugs on any courts within the Hills Tennis Association.

## 3 TEAM NOMINATIONS

### 3.1 Nomination Forms for 2009/2010

3.1.1 All team nomination forms shall be made using the nomination forms issued by the Association. The form must be signed by the Team contact and forwarded by the subscribed date to the Association Officer named on the form.

3.1.2 An additional nomination form is required for each team to be submitted **after the 4th week of the season** indicating any changes to that team's composition i.e. new players, players that have left or shifted teams permanently.

3.1.3 A player who is not named on team nomination sheets must obtain permission from Junior Activities Committee if intending to be a regular player or to qualify for Finals.

**Penalty: Forfeiture of all sets played by the player whom is not named on nomination forms and whom is a regular player (more than 4 matches) or plays in finals**

### 3.2 Grading of Teams

The Association shall advise all Clubs of the results of final grading and programming at least one week prior to the first scheduled match via email and the website

### 3.3 Withdrawal of Teams

In the event of a withdrawn team the remaining players shall not be permitted to play lower than one relative position per week without permission from the Junior Activities Committee.

**Penalty: Loss of points for offending player/s.**

## 4 MATCH PROGRAMME

### 4.1 Competitions

4.1.1 The Association shall organise Competitions each consisting of a minor round and a finals round as specified by the Management Committee.

4.1.2 No finals will be played in the Beginner divisions of both boys and girls. Premiership points will be awarded. The team finishing top will be declared the premiers and the team finishing second will be declared the runners up.

### 4.2 Match Dates and Venues

4.2.1 The dates and venues of all minor round matches shall be as shown on the Association programme including all scheduled venue rotations. The Management Committee may, at its discretion, cancel, reinstate or reschedule any part of the programme.

4.2.2 The approval of the Junior Activities Committee is required before a Club can amend the venue of a match shown in the programme.

4.2.3 Finals round matches shall be played on courts as decided by the Junior Activities Committee.

## 5 SELECTION OF TEAMS

### 5.1 Team Members

All persons playing for a club must be registered players of that club (see rule 2.1)

5.1.1 Fifth Player: may be used in junior competitions. The "fifth player" must be named on the scoresheet and the opposing captain/supervisor notified before play commences. A "fifth player", male and/or female, may share the sets with any other team member and must observe the order of merit.

5.1.2 Injured or Sick Player: may be replaced by either the “fifth” or “substitute” players, provided neither player plays more than the maximum sets allowed per player. If a “fifth” player was not named on the scoresheet a “substitute” player may be called upon. The injured or sick player must forfeit the remainder of the set during which the injury was sustained, or the following set to love, and must not play again in that match. If a “substitute” player is not ready to play within 30 minutes of the injury occurring, the remaining set(s) will be forfeited. No more than 5 players may be used in any match.

## 5.2 Order of Merit

Order of merit means that players are ranked in order of their ability, in relation to the other players from their Club who are playing in the same Competition.

Order of merit shall be determined primarily, but not solely, by the player’s recorded match results.

Clubs deemed to have players playing out of order of merit will be required to provide a written explanation to the [Junior Activities Committee](#). A penalty may be applied. (See rule 5.3.3)

5.2.1 [In junior competition mixed teams are allowable in the lower divisions and will be graded in the Boys competition. All requests for players \(eg girls to play in boy’s comp\) must be forwarded to the Junior Activities committee and will be considered individually for a permit.](#)

5.2.2 Clubs Having Two Teams in One Division

A club which has two teams in any one division must not swap players, [or fill-ins](#) between nominated teams, after the first 4 wks of competition, unless a change is requested and authorised by the [Junior Activities Committee](#).

[Penalty: Refer 2.2.4](#)

## 5.3 Alteration to Order of Merit

5.3.1 Minor Round:

After the first four [weeks](#) of the minor round a player can not be raised more than one relative position per week nor dropped more than one relative position per week. [In all cases players must observe the order of merit.](#) (See Appendices for a definition of “**One Relative Position per Week**”). (See also 5.4.4 for Bye).

5.3.2 Exceptions:

For permission to move a player more than one relative position the Club Secretary shall apply to the Chairperson of the [Junior Activities Committee](#), giving full particulars and reasons for such proposed changes.

[5.3.3 Final Round:](#)

[All players must play in order of merit as per approved final team listings.](#)

[Penalty: All sets played “out of position” by a player who has been moved more than one relative position in one week may be retrospectively forfeited.](#)

## 5.4 Bye

5.4.1 A Bye does not qualify as a played programmed match.

5.4.2 A team having a bye, is not required to submit a scoresheet.

5.4.3 A Club must not play any player in a division lower than where that player has played the majority of matches to date, unless otherwise allowed by the [Junior Activities Committee](#).

5.4.4 In the event of a team having a bye, a club must not play any player in a division lower than where that player has played the majority of matches to date, [unless the “One Relative Position per week” rule is applied](#)  
[le: No. 4 player in Div 6 can play No. 1 position in Div 7](#)

[Penalty: Forfeit all sets played on the match date by a player who has contravened this rule.](#)

## 5.5 Forfeiting Matches

5.5.1 A Club forfeiting a match must not play any player in a division lower than where the player has played the majority of matches to date, unless otherwise allowed by the [Junior Activities Committee](#), [or the “One Relative Position per week” rule is applied](#)

[Penalty: Forfeit all sets played by a player who has contravened this rule.](#)

5.5.2 A Club forfeiting a match shall advise the Club Secretary of the opposing team as early as possible prior to the commencement time of the match.

5.5.3 The team receiving the forfeit must forward a completed scoresheet to the Recording Secretary to claim their premiership points.

[Penalty: premiership points may not be allocated.](#)

5.5.4 Any team which forfeits three matches will be deemed to have retired from the competition. Where practical, earlier notification of the withdrawal of a team from the competition, shall be made by the Club to the [Junior Activities Committee](#), who shall notify all Clubs in that Division.

## 5.6 Eligibility for Finals

- 5.6.1 A player shall qualify to play in finals matches if that player has played five (5) matches for a Club in the competition in which the player wishes to play finals.
- 5.6.2 A player shall only be permitted to play finals matches in the competition in which that player has played the majority of matches.
- 5.6.3 A player shall not be permitted to play in finals matches in a division lower than the division in which that player has played the majority of matches.
- 5.6.4 Any player who has played in a finals round match in a higher division shall not be allowed to play in a finals round match in a lower division unless such a player acted only as a reserve for the higher division.
- 5.6.5 Fifth Player / Substitute Player: must meet all eligibility criteria.
- 5.6.6 A player who is not named on the Team List for Finals, submitted 2 weeks prior to finals from the club in the current season is ineligible to play in finals unless permission from the Junior Activities Committee has been applied for and granted.
- Penalty: Forfeiture of all sets played by the player who has contravened this rule.**

## 5.7 Finals Matches

- 5.7.1 All unfinished or cancelled finals matches must be completed before the next round of finals in the same competition. (For Saturday competitions this shall be the Sunday following the match). If Sunday play is not possible, the match can be rescheduled with the agreement of both Supervisors to a time and venue approved by the Junior Activities Committee. On resumption of an unfinished finals match the previous score shall stand.
- 5.7.2 In the event that all matches in a semifinals round are cancelled due to hot or wet weather, the matches shall be completed within one week, or at the discretion of the Junior Activities Committee
- 5.7.3 The team used to complete an unfinished finals match must be the same as the original team unless otherwise allowed by the Junior Activities Committee.
- 5.7.4 In the event of a Grandfinal match being cancelled, or not being completed, the Junior Activities Committee will award the final to the team that was available to play the final on or before the re-scheduled date. **This date will be the Saturday following the original scheduled Saturday match.** In the event that neither team is available to complete the match by this Saturday the Junior Activities Committee will award the match to the team finishing highest on the premiership table at the end of the Minor Round.

## 5.8 Drawn Finals Matches

In the event of a draw in the major rounds, the 1<sup>st</sup> and 2<sup>nd</sup> doubles will play a tie-break game (not set) each. The winning team shall be the team aggregating the most points in these tie-break games and, if points are equal the team who won the 1<sup>st</sup> doubles tie-break game wins the final.

## 5.9 Team List for Finals

- 5.9.1 It is compulsory for each Club to submit a detailed list of players to the Recording Secretary two rounds prior to the first final matches.
- 5.9.2 The player list must show the playing order for all players who will be used (including fifth players), and "substitute players" who might be used.
- 5.9.3 Only listed players shall be allowed to play, and they must play in the same order as listed for all finals.
- 5.9.4 The actual order that will be used must be reported on the scoresheet handed to the opposing captain before the commencement of each final (refer Rule 7.5). The order must also match that on the team list held by the Junior Activities Committee.

**Penalty: Teams playing in finals with players not in order of merit as per the approved finals lists will be required to forfeit all sets concerned.**

## 6 PROVISION OF EQUIPMENT

### 6.1 Provision of Tennis Balls

- 6.1.1 Balls used in Association matches shall be as approved by the Management Committee.
- 6.1.2 Junior home teams shall provide four balls for each minor round match. New balls must be used for Division 1 matches. All other divisions are to use four new or **good balls with visible brands**.
- 6.1.3 Finals matches: each team shall provide one half of the total number of balls specified in Rules 6.1.1, 6.1.2

### 6.2 Net

Nets used for Association matches must be in good order and repair.

**Penalty: \$10.00 per court.**

### 6.3 Nets Straps

Fitted centre net-straps are compulsory on all courts.

**Penalty: \$10.00 per court.**

### 6.4 Wet Weather Equipment

To enable matches to resume promptly after any rain interruption, the Home team shall provide, depending on the court surface used either:

One squeegee or similar in good condition per two smooth surface courts, or two broad [yard brooms](#) in good condition per two rough surface courts.

**Penalty: \$40.00 per item not provided.**

## 7 CONDUCT OF MATCHES

### 7.1 Completion of Scoresheet before Commencement Time

For each match the Captain or Supervisor of each team shall, before commencement time, fill in the authorised match scoresheet with the names (**both First name and Surname**) of all players on both teams in order of merit. A Fifth or Substitute player must be named with the order of merit recorded beside (eg Barry Player (3)). No alteration shall be made without the consent of the opposing Captain or [Supervisor](#); otherwise the set or sets concerned will be forfeited, or replayed at the discretion of the [Junior Activities Committee](#).

### 7.2 Match Times

Matches shall commence at the following times:

Junior Saturday morning: "Early" matches **MUST** start at 8.30am and finish at 10.30am.

Junior Saturday morning: "Late" matches **MUST** start at 10.30am and finish at 12.30pm.

(Note: Finish times may be exceeded **only** if courts are available and both Supervisors agree).

See "Notes to Junior Supervisors" for detailed information on starting and finishing times.

Where a [junior](#) match is incomplete at the Finish time listed above, and there are no vacant courts available play must cease at the listed Finish time. The actual game-score in any unfinished sets must be recorded on the scoresheets.

If there are vacant courts and with the consent of both Supervisors every endeavour should be made to finish the match to achieve a result

### 7.3 Hit-ups:

A three (3) minute warm up is allowed in all competitions. Adherence to this rule will avoid a late finish and/or incomplete or unplayed sets.

Juniors should hit-up before 8.30 am, and when there are vacant courts, before 10.30 am.

### 7.4 Late Arrival or Non Attendance

Players must be present and ready to play **at least 5 minutes before** the scheduled starting times listed above in 7.2.

#### 7.4.1 Junior Matches:

i. Saturday morning matches: If two (2) sets of either doubles or singles **have not commenced within ten (10) minutes** of the scheduled start time, then the team not ready to play **will forfeit all sets not completed** by the appointed finishing time. A note to this effect must be made on the scoresheet and signed by both supervisors.

It is not necessary for the doubles sets to be played first.

### 7.5 Forfeiture of Sets

In the event of any set or sets having to be forfeited due to non-attendance, absence, late arrival, illness or injury the sets forfeited shall be those that the forfeiting player would have played.

### 7.6 Order of Play

**7.6.1** For Junior matches there is no set order of play i.e. **doubles need not precede singles**. As a court becomes available, commence the next set that can be played.

**7.6.2** For [finals played by Juniors](#) Traditional competition, order of play for singles will be [i.e. 4, 3, 2, 1 unless otherwise agreed upon by captains of each team for an alternative](#).

### 7.7 Match Format

**7.7.1 Junior Boys Divisions 1 to 7 and Junior Girls Divisions 1 to 4:** each player plays one (1) 6 game set of doubles and one (1) 6 game set of singles, tiebreak at 5 all.

**7.7.2 Junior Boys Divisions 8 and below and Junior Girls Divisions 5 and below:** each player plays one (1) 6 game set of doubles and one (1) 6 game set of singles, first to six games wins the set.

**7.7.3 Junior [Beginner](#) Divisions –Hot Shots Div 10 (girls) and Hot Shots Div 13 (boys)**

1. (**Lowest Division in both boys and girls comps only**): Games are to be 'sudden death' at [deuce](#). No finals will be played in the [Beginner](#) divisions. All players must serve from the baseline. Refer to *Beginners Skills Checklist* to determine player eligibility. Clubs are encouraged to seek Coaches assistance with determining player eligibility

2. **2<sup>nd</sup> lowest division Div 9 (girls) and Div 12 (boys)**

To play normal deuce and with normal balls

## 8 CANCELLED, UNFINISHED AND ABANDONED MATCHES

### 8.1 Cancellation of Matches Due to Hot Weather

All matches, (both junior and senior) will be automatically cancelled if the forecast temperature is 36°C or above at Mt Barker as per Friday night Television News reports of the programmed match.

No radio broadcast will occur.

Confirmation of forecast temp can be sourced via <http://www.bom.gov.au/weather/sa/forecasts.shtml>

### 8.2 Abandonment of a Match Due to Emergency Services Duties

If any player is prevented from playing in a minor round match due to emergency services duty on that day/night the match is consequently abandoned. Each team involved shall receive half the number of points and half the number of sets allocated to that match. The number of games awarded to each team for the abandoned match shall be determined by the Junior Activities Committee. In the event of a finals match being so affected the match shall be replayed according to the conditions set out in Rule 5.7.

If any players are called away for emergency services duty during a match an attempt must still be made to determine a winner (see Rule 11.1 "Determination of Winning Team"). If a winner cannot be determined the above rules shall apply.

A Club abandoning a match shall advise the Club Secretary of the opposing team as early as possible prior to the scheduled commencement time of the match. The Club Secretary must forward a written explanation to the Recording Secretary within three days. Both teams concerned must forward a completed scoresheet to the Recording Secretary to claim their premiership points.

### 8.3 Abandonment of Matches Due to Wet Weather

Both supervisors of junior teams may agree to abandon a match, provided the time is later than **half an hour** after the scheduled starting time. Any team abandoning a match prior to the aforementioned cancellation times shall forfeit the match.

No person can be forced to play on wet and/or slippery courts.

If the Junior Supervisors disagree on abandoning a match, a report in writing, from each team, must be lodged with the Recording Secretary within three days of the match. However both Junior Supervisors should use every endeavour to complete the match.

All players are expected to attend scheduled court location, prior to abandoning matches

Penalty: Forfeiture of match by team without sufficient players

## 9 MATCH RESULTS

### 9.1 Lodgement of Results

The Captain or Supervisor of the home team is required to enter the match results into the website recording program by 6pm on the Sunday after the match. Follow the links on [www.hta.asn.au](http://www.hta.asn.au)

**Penalty: \$20.00 per home match not entered**

### 9.2 Forwarding Completed Match Scoresheets

9.2.1 Scoresheets must be correctly filled in and signed by both Junior Supervisors or Junior Captains. Both the first and last names of all players must be recorded on the scoresheet

9.2.2 Post scoresheets to:

**HTA Recording Secretary, PO Box 51 OAKBANK SA 5243**

9.2.4 Scoresheets must be received by the Recording Secretary no later than the last mail on the TUESDAY following all Saturday matches. If the scoresheet is received after this time but is postmarked no later than two days after the match, there will be no penalty..

### 9.3 Forwarding Abandoned Match Scoresheets

In the event of a match being abandoned by team supervisors, the procedure set down in Rule 8.3 must still be followed.

This does not apply where all matches are cancelled by the HTA under Rule 8.1.

## 10 PREMIERSHIP POINTS

### 10.1 Determination of Winning Team

For a completed match the team scoring the greater number of sets shall be the winner. If the sets are equal, then the team with the greater number of games shall be the winner. If both sets and games are equal, the match shall be drawn. A winner can be determined in an unfinished match only if that team is in an unbeatable position.

## **10.2 Allocation of Points for Decided Matches**

Two points shall be given for a win and one point for a draw.

In addition one point will be given for each set won. Each team will receive one half point for each incomplete and unplayed set.

## **10.3 Allocation of Points for Forfeited Matches**

A team receiving a forfeit shall receive the maximum number of points, sets, and games. A team giving a forfeit shall receive no points, no sets, and no games.

## **10.4 Allocation of Points for Cancelled or Abandoned Matches**

10.4.1 HTA cancelled matches: no points will be allocated.

10.4.2 Abandoned matches:

i. **Junior Matches:** points will be allocated for completed sets; points for any remaining sets will be shared equally but points for a win will not be allocated unless one team has obtained sufficient sets and games to be declared the winner.

## **10.5 Allocation of Points to Teams Receiving a Bye**

Where the draw is such that one or more teams receive one more BYE than other teams in the same division, premiership points will be adjusted as follows. Teams receiving the extra BYE will be allocated points equal to the average of **all sets won** during the first two rounds. (i.e. 8 or 12 matches).

## **10.6 Allocation of Points to Teams Affected by Programme Changes**

Where a team is re-graded premiership points will remain with that team., and all teams in the divisions affected will be advised immediately. Re-grading will only happen after the first 5 weeks and before the end of the first round of matches.

## **10.7 Premiership Tables**

Premiership points shall be used to determine the relative positions of teams within each division.

The team with the highest number of premiership points shall take the first position and so on until the positions of all the teams have been decided.

If two or more teams have equal premiership points the team having won the greater number of matches shall take the higher position. If the matches are also equal the team having won the greater number of sets shall take the higher position. If the sets are also equal the team having won the greater number of games shall take the higher position.

# **11 PREMIERSHIP AWARDS**

## **11.1 Presentation of Shields/Cups**

Shields or cups, to be held for one year, shall be presented to the winner of the Grand Final in each division. (The beginner junior divisions will not play finals, but the teams finishing first & second at the end of the minor round will be declared the premiers and runners up and will received pennants and medallions).

All shields/cups must be handed back to the presenting supervisor once team photos are complete

## **11.2 Presentation of Pennants**

A pennant shall be presented to all teams playing in a Grand Final. In addition a medallion will be presented to all players who participate in a Junior Grand Final.

# **12 COURTS**

## **12.1 Association Use of Club Courts**

All Club courts used for Association matches shall be made available for:

- a) Finals matches and
- b) Association tournaments and inter-association matches.

## **12.2 Court Preparation**

It is the responsibility of each Club to ensure that courts and facilities are ready for play at least 10 minutes prior to stated commencement time. (ie.8.20am)

**Penalty: \$20.00 per breach of rule.**

## **12.3 Court Obstructions**

No player will be disadvantaged by obstructions within the court boundary defined by the fencing enclosure excluding fixed objects. In such circumstances a player may request and be granted a let rather than risk damage or injury.

# **13 SUBMISSIONS TO THE JUNIOR ACTIVITIES COMMITTEE**

The Junior Activities Committee shall arbitrate all disputes relating to the interpretation of the rules.

Submissions to the Junior Activities Committee must be in writing, stating all relevant facts and information, be signed by an Officer of the Club and be forwarded to the Chairperson of the Junior Activities Committee.

(Edited 1st September 2009)

## Beginner Skills Checklist

The following pre-requisite skills are required to play in the HTA Saturday Morning Junior Competition.

<u>STROKE</u>	<u>SKILLS CHECKLIST</u>
<b>Forehand</b>	Consistent clean contact with ball during 'bounce and hit'* (see below) practice
	Achieves side-on position during swing
	Can anticipate positioning of ball landing and can position body in preparation for return of shot
	Some control of power and direction
	Maintains approx correct grip
<b>Backhand</b>	Consistent contact with ball while stationary during 'feed-in'** (see below) practice
	Can prepare positioning of body in relation to ball landing
	Achieves side-on position during swing
	Some control of power and direction
<b>Serving</b>	Consistently able to hit ball cleanly over net from baseline during 'bounce and hit' practice
	Can maintain side-on position during 'bounce and hit' serve
	Able to coordinate ball toss and over-arm swing
	Racquet-ball contact approx 50% of the time during over-arm serve
	Emerging control of power and direction
<b>GAME KNOWLEDGE</b>	
<b>Court Awareness</b>	Can identify baseline, serviceline and tramlines of court
	Can identify forehand and backhand sides of court
<b>Rules and Scoring</b>	Understands simple rules eg. change ends, serve from alternating sides, doubles court vs singles court
	Can track point scores with adult stand-by assistance
	* 'bounce and hit' – the player is independently bouncing and hitting the ball ** 'feed-in' – the coach is throwing or bouncing the ball to the player to hit it

**It is anticipated most Beginners will need to participate in a *minimum* of 10 x 1/2hr coaching sessions to achieve the above skills**